



CITTÀ DI
LIGNANO SABBIAADORO

CONSULTA DELLO SPORT

ETHICAL CHART OF SPORTS

Lignano Sabbiadoro



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Foreword

The aim of Lignano Sabbiadoro Ethical Chart of Sports is to promote di ethical principles shared by Amministrazione Comunale (the Council) e dalle Associazioni Sportive Dilettantistiche (Amateur Sport Associations), applying them to welcoming the athlete and handling the criticalities, to the needs of the locality and the touristic market, to the planning of the sport activities with a special focus on the educational purpose of sports.

Citta (Town) of Lignano Sabbiadoro appreciates the paramount importance of Sports on a educational, cultural, socio-economic, turistic, environmental and health-wise level.

It promote the associationism, the development and maintenance of sports facilities, the organisation of big impact events, the spread and realisation of projects dedicated to promote sport culture, welcoming, inclusion and integration. It also promotes a healthy and sustainable lifestyle, based on physical and mental exercise, on a healthy diet, on taking care of the environment and on a behaviour that respects rules and other individuals.

Lignano Sabbiadoro Town recognises the priceless value of its environmental heritage, it safeguards it and it always evaluates the impact when planning any initiative, both on a material way (eg. developing new facilities) and on a more intellectual way (eg. planning events). It makes it available to the local and turistic public, committing to make the sports activities (especially the water/sea related ones which characterise the territory) easily available to everyone. It also pays close attention to the work of the sports associations which, offering mostly outdoor activities, are the territory's wardens.

It encourages the scholastic and professional training of skilled job positions connected to the sports-turistic industry, competent in organising, run and promoting activities and events.

It organises and coordinates the town sports life and the related planning relationships through Consulta dello Sport (Sports Board), which all associations and sports societies member of Lignano Sabbiadoro Albo Comunale (Council Register) rely to.

It invites at last the teaching community formed by cultural and sports associations, educational institutes and families to make a didactic pact based on shared principles in order to reach the development targets (independence, identity, self-confidence, self-efficiency, honesty and perseverance) useful to the active and cooperative introduction of young people in society.

Sports Code of ethics

1st May 2019

Art. 1

The subjects considered by the Sports Code of Ethics who therefore must respect and apply its principles are:

- Sportsmen/women and athletes;
- Associations and sports societies (managers, coaches, chaperones and people involved on other levels in sports activities) which operates regularly or occasionally in Lignano Sabbiadoro;
- Institutions and authorities which promotes sports;

Other entities invited to respect the principles described in this document are:

- Economic operators and dealerships (local or temporary businesses);
- Social operators, recreation organisers;
- Gyms, leisure centres and sports businesses not registered to the Albo Comunale (Council Register);
- Sponsors and supporters;
- Other economic operators that might have any interactions with sports activities;
- Fans.

Art. 2

Sports are first of all a chance to play and have fun. Every person has the right to enjoy them, without any discrimination based on ability, religion, sexual orientation, cultural background, country of origin, physical and economic conditions.

Art. 3

Managers, coaches and technicians of Sports Associations and Societies have, without any doubt, a fundamental educational role, therefore they must be prepared and present a model behaviour. They follow an educational project and they share it with athletes families and, possibly, with the schooling community.

Art. 4

Sports practice nurtures a correct and well-balanced psychophysical development. It is a chance to know, understand and value people of different cultures, religions, status and abilities. If practised loyally and fairly, it builds relationships based on mutual trust and betters the individual's social integration.

Art. 5

Sports practice is directly connected with environmental awareness: better the environment conditions, better will be the sports practice experience. The participants of this document commit to act and behave respectfully towards the environment, documenting and promoting their actions.

Art. 6

The agonistic level is considered as one of the possible developments in an athlete's path, not the only target. In sports fun, loyalty and well-being are undeniable goals to achieve, avoiding behaviours and aggravations that could damage the athlete's psychophysical health.

Art.7

The competitive athlete that shows great merits is endorsed by his whole community. He/She gets to be supported from the Amministrazione Comunale (the Council) through Sports Associations and Societies and the Sports Board. She/he commits to inspire fair moral behaviours and to transfer her/his experiences to Lignano Sabbiadoro community and to other athletes.

Art. 8

Sports Associations and Societies commit to:

- offer the athlete the right conditions to practise his/her own sports discipline considering her/his past sports activities, her/his school and after-school commitments, avoiding to impose the sports discipline in an exclusive way;
- Promote different disciplines and sports activities in order to facilitate a larger participation;
- Avail themselves of managers, coaches and staff that are suitably trained from a technical and educational point of view;
- Guarantee the recurrent training of their staff;
- Help the growth and the generation turnover in managers, coaches and operators involved in the activities;
- Monitor dangerous, unsportsmanlike and counter-educational behaviours, during sports activities and in the relative facilities;
- Ensure an adequate and enthusiastic welcoming to other guests sports associations and societies.

The athletes and their families commit to:

- Respect the agreements sealed with the sport association or society, in order to end in an effective way the sports, educational and formative course started;
- Take good care of sports equipment and facilities;

- Adopt and honour a highly respectful behaviour towards other athletes (teammates and opponents), referees and audience;
- Respect the coaches, managers and chaperones figures;
- Unconditionally reject doping.

Lignano Sabbiadoro Council commit to:

- Respect and enforce the Ethical Chart of Sports principles, keeping them into account during the evaluation of the work done by the Sports Associations and Societies enrolled in the dedicated register and of the work done by other subjects mentioned in Art. 1, referring eventual facts and considerations to the Sports Board, rewarding who abide by these principles and penalising who act in contrast with them;
- Find an appropriate space, if not available, equipped with basic facilities and safety conditions, to offer to sports associations that request one and that show real and noticeable operations in Lignano Sabbiadoro territory; to keep the sports facilities in optimal conditions so that they can be used for an inclusive activity.

All the subjects involved in the Ethical Chart of Sports (ref. Art. 1) commit to:

- Guarantee the accessibility to the sports disciplines, at the best of their possibilities, with an inclusive approach directed also to the facilities and the events;
- Publicize and support sports activities organised on the territory;
- Coordinate and make themselves available in order to foster the activities practice all year round.

Art. 9

The Associations who comply to the Ethical Charts of Sports work together in organising events, through information sharing, they participate to the Board of Sports and attend training courses promoted by this institution. They also take an active part in organising events planned in the territory, being part of a system and creating a network by sharing experiences, competences and workforce.

Art. 10

All the Lignano Sabbiadoro Sports Associations and Societies who adhere to the Ethical Chart of Sports are recognisable by a common logo on their uniforms and on their printed material which demonstrates the commitment, the cohesion, the collaboration and it is the distinctive symbol connected to our locality.

The Ethical Chart of Sports, even if it isn't a legal document, it imposes on us the moral duty of behaving in an ethical way towards our society, with the purpose of contributing to its healthy and sustainable development.

Guidelines

This Ethical Chart of Sports document is Citta di Lignano Sabbiadoro's exclusive property, therefore its use, broadcasting, publication and printing have to be approved by the Board of Sports President or by Lignano Sabbiadoro Major or one of his delegates.

It is forbidden any modification on the text, the structure and the graphic of this document, if not in the dedicated place.

The Ethical Chart of Sport revision has to take place only during the Sports Board assembly by voting, with the 51% majority of the votes and on demand of the Board of Sports President or by Lignano Sabbiadoro Major or one of his delegates or of the President of one of the Societies enrolled in the dedicated Lignano Sabbiadoro Sports Register.

The actions and behaviours in contrast with the Ethical Chart of Sports principles will be highlighted and punctually discussed in the Sports Board assemblies.

The Lignano Sabbiadoro Sports Department is required to take action, according to its competences, against associations or societies that acts in contrast with the Ethical Chart of Sports principles and, in case, to flag to the pertinent federations and bodies behaviours not appropriate.

Lignano Sabbiadoro Major, the Sports Assessor and the Sports Board President are responsible to be the guarantors of the Lignano Sabbiadoro Ethical Charts of Sports.

Brief commentary:

Art. 1 and 9 - the subjects involved in the Ethical Chart of Sports and their collaboration.

The Ethical Chart of Sports principles' effectiveness shows itself through the application of these principles by the hand of all the subjects contributing to Lignano Sabbiadoro sports life.

Only by involving others and sharing the values of this document we can hope to improve the sports environment.

As quoted in Art. 9, it is indeed of paramount importance that the subjects involved in the Ethical Chart of Sports cooperate together in the preparation of events, through the broadcasting of information and by supporting each other.

An active participation of all the educational figures connected to the sport environment and attending training courses and meeting promoted by institutions and societies is of primary necessity. The common effort of planning big events in the territory allows Associations to be a system, creating a network of experiences, competences and workforce.

Art. 2 and 4 - the accessibility to the sports activity and its social function.

Quoting the article "*Sports are first of all a chance to play and have fun*", it contributes to the happiness that is the expression of the individual's psychophysical and relational well-being. Everyone has the right to practise their own favourite sports activity, without any sort of discrimination. Everyone therefore needs to be allowed to work to reach their own goals in their speciality, following their inclinations and ambitions.

It is of fundamental importance that in Lignano Sabbiadoro community, due to its clear sports-touristic characterization, the culture of welcoming, accessibility, inclusion, integration and willingness of satisfy sportsmen/women's needs is adequately stimulated.

The sport practice, carried out with loyalty and fairness, creates mutual trust and helps to socialise, giving people many different chances of knowing, comprehending and appreciating others different cultures, religions, status quo and abilities.

It helps to perceive differences as resources, fostering everyone's the right and well-balanced psychophysical, intellectual and moral development, it hence promotes and betters the individual' integration in the social contest.

Art. 3,6 and 7 - education and competition.

Sports is education in first place, so sports associations and societies' coaches, trainers and managers have to be prepared to act in an exemplary way, following an **educational project**, shared with the athletes families and with the schooling community, which illustrates and facilitates the path to reach the following goals:

- Be respectful of rules, of things, of other people, being them teammates or opponents or trainers;
- Be open-minded, tolerant and considering diversity as an enrichment;
- Have trust in other;
- Be loyal and fair;
- Be independent and capable of take on appropriate responsibilities;
- Explore own capabilities, get to know and face own limits, handle victories and defeats;
- Taking on commitments with determination and perseverance;
- Contribute to form resilient individuals;
- Be up against and discourage bullism, excessive aggressiveness, the misuse of illegal substances, the abuse of alcohol, smoking and profanities.

The concept of a sustainable sports activity comes from sports' playful dimension.

The competitive sport activity has therefore to be considered as a potential natural evolution in the growing journey of an athlete and as its only purpose, respecting and constantly considering the person's inclinations and psychophysical maturity, in order to avoid premature specializations.

It is highly hence recommended to suggest the competitive activity only to the athletes who are capable to understand and accept independently this educational contract, thanks to their age or to their psychophysical maturity.

The competitive athlete who is worthy thanks to their improvements, to their behaviour or to their commitment and related results, representing the locality and bringing with them Lignano Sabbiadoro's name, must be fostered and helped by the entire community and by the school, through adequate synergies and strategies, supported by the Council by way of associations, sports associations and the Sports Board. The athlete, by his side, commits to transfer their knowledge and matured experiences to Lignano Sabbiadoro community and to the other sportsmen/women.